

MIKE CHARUK

PO Box 2482, Squamish, BC, V8B 0B6 | 604-905- 8786 | mikecharuk@yahoo.com | www.mikecharuk.com

GOAL

Successfully treat patients with various massage techniques and active rehabilitation therapy while educating them and promoting responsibility.

EDUCATION

- Bachelor of Physical Education. Brook University, St. Catharine ON
- Diploma of Health Science, Sports Injury Management. Sheridan Collage, Oakville, ON
- Diploma of Massage Therapy and Hydrotherapy. West Coast Collage of Massage Therapy, Vancouver, BC
- Certification in Structural Integration. Rolf Institute, Boulder, Co

EMPLOYMENT HISTORY

Dec. 01 to present

Registered Massage Therapist

Whistler Roling & Massage Therapy Company; Reach Physio Solutions; Royal Medical Centre; Lori Broker Chiropractor; and Private Practice

Feb. 97 to Mar. 01

Registered Massage Therapist

Rehabilitation therapist – owner/ director; North Burnaby Massage Therapy & Active Rehabilitation Clinic

1994 to 1997

Massage Therapist & Rehabilitation

Chateau Whistler; Canadian Mountain Holidays; Stena Spa Ltd. Caribbean Cruise Ships; Hotel Marriott, Puerto Rico; Richmond Massage therapy Clinic

ATHLETIC THERAPY EXPERIENCE

Responsible for prevention, emergency care and rehabilitation of Injury

- PATS (Professional Athletic Therapy Svcs) Hamilton, ON
- Appleby Collage – Oakville, ON
- Nelson High School – Burlington, ON

OTHER EXPERIENCE

- Instructor/teacher : Whistler Massage & Spa Services School. 2010 to present
- Teacher: Roling approach to the extremities, Continuing Education Course. 2010 to present
- Massage Therapy Provider . GranFondo Vancouver. 2010
- Teaching Assistant. Lord Elgin High School – Burlington, ON. 1989 - 1990
- Weight-Lifting Instructor. Sheridan Collage – Oakville, ON. 1987-1988

PROFESSIONAL DEVELOPMENT

- Visceral Massage
- Muscle Balance & Function System I, II & III
- Myofascial Release I & II (John Barnes)
- Pelvis Osseous Release & Unwinding (John Barnes)
- Strength, Stability & Flexibility Course
- Core Strengthening
- Certified Fitness Appraiser 1987
- Certified Spiritual healer, Douglas Collage
- Level II Canada Certified Rugby Coach
- Level I Canada Certified Boxing Coach
- Level I Snowboarding Instructor

PERSONAL ACCOMPLISHMENTS

- 1st La Ruta delos Conquistadors, Master Category, 2008/2007
- 2nd BC Mountain Bike Championship, 2009
- 10th National Championship, 2009
- Head Coach Team Squamish, 2010
- Team Member Team Whistler, 2005 to 2010
- Competed in over 100 triathlons, duathlons, ultra marathons & event

MEDICAL SUPPORT VOLUNTEER

- National Cycling Events
- BC Summer Games
- Harry Jerome Track & field Classic
- 24 hour Relay
- Victoria & Vancouver Marathon
- UBC Triathlon
- Cheakamus Challenge
- Pan Am Games. Winnipeg
- Manny Sobral, Boxer – ranked 8th in the world